



REGISTRATION

You are about to begin an **intense** fitness program. **You are strongly encouraged to speak with your doctor before beginning any health, fitness or nutrition program.** By completing this registration form, you understand that it is your responsibility to consult your physician if you are unsure of your current ability to participate. Every individual is different and will experience different results when participating in WoW! Boot Camp. If you want to lose weight and are under 18, pregnant, nursing, following a diet recommended by a doctor, have health problems or want to lose more than 30 pounds, see a doctor prior to starting WoW! Boot Camp.

Name:

Address:

Your phone Number(s):

Emergency Contact Name & Phone #'s:

Your email address:

Profession/Occupation:

Place of Employment:

Your date of birth:

Who is your primary physician?:

T-shirt size?

Registration continued

Have you ever participated in a fitness Boot Camp? If so, where & when?

Have you ever been involved in a fitness program or regular exercise routine? Please explain?

What do you hope to accomplish with this program?

Is there anything we should know that will help us better serve your needs?

How did you hear about WoW! Boot Camp?

Women's Only! Boot Camp

ATHENS, GA & Oconee

Boot Camp Schedule:

Please circle your choice

5:30 am – 6:30 am (Athens YMCA) **Mon, Wed, Fri**

5:30 am – 6:30 am (The Grove in Commerce) **Mon, Wed, Fri**

5:30 am – 6:30 am (Athens Academy) **Mon, Wed, Fri**

8:20 am – 9:20 am (Athens Academy) **Mon, Wed, Fri**

9:30 am – 10:30 am (Athens Academy) **Meets Mon, Wed, Fri**

6:00 pm – 7:00 pm (Bishop Park) **Mon, Wed, Thur**

6:00 pm – 7:00 pm (The Grove in Commerce) **Mon, Tue, Thur**

JEFFERSON, GA

Boot Camp Schedule:

5:30 am – 6:30 am (Jefferson Recreation Complex – located at 2495 Old Pendergrass Rd) **Meets Mon, Wed & Fri**

Month you are registering for: _____

Cost \$200.00/4 week session: Check **or** Cash

Men's Only! Boot Camp: Session Date: _____

Location: Athens YMCA: 5:30am – 6:30am (Tu & Th)

Cost: \$150.00/4 week session: Check or Cash

Refund Policy

Enrollment in boot camp is non-refundable. All sales are final. Failure to attend workouts does not signify or imply notification to cancel payment. A credit toward a future camp will be issued if a 48 hour notice to cancel is given prior to the start of camp **or** you begin and can not continue due to circumstances beyond your control (injury or major illness). This credit is nontransferable.

Your signature: _____

Mail completed paperwork & your check made payable to: **WoW! P.O. Box 407 Athens, GA 30603**